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Policy 14U: Academic Standing for Undergraduate Students
Policy 24: Academic Honesty
Policy 52: Anti-Discrimination and Harassment Policy and Compliance Procedures

To review all Governors State University policies referenced above, please visit the following website: www.govst.edu/policies.

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Student Athlete Handbook Statement of Purpose
The Student Athlete Handbook is designed to articulate the application of Governors State University policies and procedures to student athletes and supplements, and does not replace applicable University documents such as the Student Handbook, University Housing Handbook and Academic Catalog. Some academic programs have additional policies and procedures; please refer to your advisor to see if such policies are applicable.

Eligibility Dates (2019-20 Academic Year)

<table>
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<th>Semester</th>
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<tbody>
<tr>
<td>Fall Semester</td>
<td>August 26, 2019 - December 8, 2019</td>
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<tr>
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<td>January 20, 2020 - May 11, 2020</td>
</tr>
<tr>
<td>Summer Semester</td>
<td>May 18, 2020 - August 16, 2020</td>
</tr>
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Eligibility is contingent on good academic standing, based on the criteria listed on page 13 of this handbook.
### Athletics Administration

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletics Administration</td>
<td>(708) 534-4550</td>
<td><a href="mailto:athletics@govst.edu">athletics@govst.edu</a></td>
</tr>
<tr>
<td>Athletic Director &amp; Head Men's Basketball Coach</td>
<td>Tony Bates</td>
<td><a href="mailto:abates99@govst.edu">abates99@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Athletic Director &amp; Head Women's Basketball Coach</td>
<td>Tonishea Mack</td>
<td><a href="mailto:tmack2@govst.edu">tmack2@govst.edu</a></td>
</tr>
<tr>
<td>Program Director</td>
<td>Dean Jennings</td>
<td><a href="mailto:djennings@govst.edu">djennings@govst.edu</a></td>
</tr>
<tr>
<td>Faculty Athletics Representative</td>
<td>Vincent Jones</td>
<td><a href="mailto:vjones4@govst.edu">vjones4@govst.edu</a></td>
</tr>
<tr>
<td>Office Manager</td>
<td>Susie Morris</td>
<td><a href="mailto:smorris3@govst.edu">smorris3@govst.edu</a></td>
</tr>
<tr>
<td>Sports Information Director/Athletic Compliance Coordinator</td>
<td>Daniel Jankowski</td>
<td><a href="mailto:djankowski@govst.edu">djankowski@govst.edu</a></td>
</tr>
</tbody>
</table>

### Facilities Staff

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facility Supervisor</td>
<td>Kathy Osborne</td>
<td><a href="mailto:kosborne@govst.edu">kosborne@govst.edu</a></td>
</tr>
<tr>
<td>Facility Supervisor</td>
<td>Rick Romeli</td>
<td><a href="mailto:rromeli@govst.edu">rromeli@govst.edu</a></td>
</tr>
<tr>
<td>Facility Supervisor</td>
<td>Jason Zelek</td>
<td><a href="mailto:jzelek@govst.edu">jzelek@govst.edu</a></td>
</tr>
<tr>
<td>Aquatic Aide</td>
<td>James Nielsen</td>
<td><a href="mailto:jnielsen@govst.edu">jnielsen@govst.edu</a></td>
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</table>

### Men's Basketball

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletic Director &amp; Head Men's Basketball Coach</td>
<td>Tony Bates</td>
<td><a href="mailto:abates99@govst.edu">abates99@govst.edu</a></td>
</tr>
<tr>
<td>Associate Head Coach</td>
<td>Rick Romeli</td>
<td><a href="mailto:rromeli@govst.edu">rromeli@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Coach</td>
<td>Aubrey Volious</td>
<td><a href="mailto:avolious@govst.edu">avolious@govst.edu</a></td>
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</table>

### Women's Basketball

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assistant Athletic Director &amp; Head Women's Basketball Coach</td>
<td>Tonishea Mack</td>
<td><a href="mailto:tmack2@govst.edu">tmack2@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Women's Basketball Coach</td>
<td>Aaron Harrison</td>
<td><a href="mailto:aharrison2@govst.edu">aharrison2@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Women's Basketball Coach</td>
<td>Jason Jones</td>
<td><a href="mailto:jjones34@govst.edu">jjones34@govst.edu</a></td>
</tr>
<tr>
<td>Head Strength and Conditioning Coach</td>
<td>David Snedden</td>
<td><a href="mailto:dsnedden@govst.edu">dsnedden@govst.edu</a></td>
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### Volleyball

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Pedro Gonzalez</td>
<td><a href="mailto:pgonzalez4@gsu.edu">pgonzalez4@gsu.edu</a></td>
</tr>
<tr>
<td>Assistant Coach</td>
<td>Dean Jennings</td>
<td><a href="mailto:djennings@govst.edu">djennings@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Coach</td>
<td>Paul Lawson</td>
<td><a href="mailto:paullawson@govst.edu">paullawson@govst.edu</a></td>
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</tbody>
</table>

### Cross Country

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Kevin Kredens</td>
<td><a href="mailto:kkredens@govst.edu">kkredens@govst.edu</a></td>
</tr>
<tr>
<td>Assistant Coach</td>
<td>Alex Moore</td>
<td><a href="mailto:amoore11@govst.edu">amoore11@govst.edu</a></td>
</tr>
</tbody>
</table>

### Golf

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Scott Hogan</td>
<td><a href="mailto:shogan@govst.edu">shogan@govst.edu</a></td>
</tr>
</tbody>
</table>

### Men's Soccer

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Matthew Eggert</td>
<td><a href="mailto:meggert@govst.edu">meggert@govst.edu</a></td>
</tr>
</tbody>
</table>

### Women's Soccer

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Ante Cop</td>
<td><a href="mailto:acop@govst.edu">acop@govst.edu</a></td>
</tr>
</tbody>
</table>

### Student Affairs

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vice President for Student Affairs and Dean of Students</td>
<td>Dr. Aurélio Manuel Valente</td>
<td><a href="mailto:avalente@govst.edu">avalente@govst.edu</a></td>
</tr>
<tr>
<td>Associate Vice President for Student Affairs &amp; Dean of Students</td>
<td>Corey Williams</td>
<td><a href="mailto:cwilliams43@govst.edu">cwilliams43@govst.edu</a></td>
</tr>
<tr>
<td>Director of Community Standards</td>
<td>Kelly Grab</td>
<td><a href="mailto:kgrab@govst.edu">kgrab@govst.edu</a></td>
</tr>
<tr>
<td>Assistant to the AVP for Student Affairs &amp; Dean of Students</td>
<td>Lisa Carra</td>
<td><a href="mailto:lcarra@govst.edu">lcarra@govst.edu</a></td>
</tr>
</tbody>
</table>

### Student Success Commons

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director, Student Success Commons</td>
<td>Amy Comparon</td>
<td><a href="mailto:acomparon@govst.edu">acomparon@govst.edu</a></td>
</tr>
<tr>
<td>Coordinator of Tutoring and Academic Assistance</td>
<td>Daniel Ferry</td>
<td><a href="mailto:dferry@govst.edu">dferry@govst.edu</a></td>
</tr>
<tr>
<td>Coordinator, Writing Center</td>
<td>Dr. Jarrett Neal</td>
<td><a href="mailto:jneal2@govst.edu">jneal2@govst.edu</a></td>
</tr>
<tr>
<td>Director of Disabilities Services</td>
<td>Angela Sanchez-Szczepanik</td>
<td><a href="mailto:aszczepanik-sanchez@govst.edu">aszczepanik-sanchez@govst.edu</a></td>
</tr>
<tr>
<td>Office Coordinator</td>
<td>Janet Wolske</td>
<td><a href="mailto:jwolske@govst.edu">jwolske@govst.edu</a></td>
</tr>
</tbody>
</table>
HISTORY
Governors State University (GSU) is a public university located in University Park, Illinois, United States. The 750 acres campus is located 30 miles south of Chicago, Illinois. Founded in 1969, GSU is an upper-division university, offering undergraduate courses at the junior and senior levels, as well as graduate-level coursework at the masters and doctoral level. In 2014 GSU admitted its first freshmen and transitioned to a residential institution. GSU has four colleges: College of Arts and Sciences, College of Business, College of Education, and College of Health and Human Services.

CAMPUS ADDRESS
Governors State University
1 University Parkway
University Park, IL 60484
Phone: 708-534-5000

ATHLETICS Department
Building A, 1st, 2nd Floor
Phone: 708-534-4550
Email: athletics@govst.edu
www.GSUJaguars.com

GOVERNORS STATE UNIVERSITY MISSION STATEMENT
The Department of Athletics and Recreation (Athletics) supports the mission of the University advances the values stated in its mission. Governors State University is committed to offering an exceptional and accessible education that prepares students with the knowledge, skills and confidence to succeed in a global society.

CORE VALUES
- **Provide Opportunity and Access**: At GSU, those traditionally underserved by higher education and residents of our surrounding communities have access to a first-class public education.
- **Serve as an Economic Catalyst**: At GSU, we are committed to the citizens of the State of Illinois and our region to serve as an economic catalyst, so that our communities grow and flourish.
- **Prepare Stewards of our Future**: At GSU, we are committed to preparing our students to thrive in the global economy and to contribute to the ongoing stewardship of the environment.
- **Demonstrate Inclusiveness and Diversity**: At GSU, we embrace diversity among students, staff, and faculty as well as members of the broader community, and we encourage acceptance of wide-ranging perspectives.
- **Promote Quality of Life**: At GSU, we value an atmosphere that fosters a capacity to enjoy life through the fine arts and humanities, marketable skills and attitudes for employment, supportive interpersonal relationships, and participative and informed citizenship.

GSU’s student athletes, student spectators, coaches, faculty and staff will, at all times, both on and off the field, be true to the values of respect, responsibility, leadership and sportsmanship. Athletics must attain multiple goals in advancing the strategic plan of the University by:

1. Promoting the fair and equitable treatment of all student athletes with no unusual privileges and equal access to the full range of support available to all students;
2. Enhancing the University’s goals in admission, retention and graduation;
3. Fostering an environment that encourages an individual’s best performance and behavior in athletic competition;
4. Advancing the University’s commitment to financial sustainability; and
5. Providing equal opportunity in both men’s and women’s athletic programs.

The Department of Athletics and Recreation is administered under the same policies and procedures as all other aspects of the University. The ultimate measure of success in athletics is the student athlete who joins fellow Governors State University alumni as a leader in their profession and their community.

GOVERNORS STATE UNIVERSITY VISION STATEMENT
The Governors State University Athletics seeks to be a model intercollegiate athletic program, creating an environment, through patient and persistent growth, where student athletes are provided the necessary tools to be competitive on the playing field, successful in the classroom and recognized as leaders on campus and in the community. Athletics will be bound to fiscal responsibility, rules compliance, diversity and equity, athletic excellence and the student-athlete experience; growing into a program that will be recognized for its success on all platforms.

ATHLETIC MEMBERSHIP
Governors State University is full member of the National Association of Intercollegiate Athletics (NAIA). Governors State University is compliant with the mission, rules and regulations in conjunction with the NAIA.

GSU competes in seven varsity sports, which include men’s and women’s basketball, men’s and women’s cross country, women’s volleyball, men’s and women’s golf. Within NAIA, GSU is a member of the Chicagoland Collegiate Athletics Conference (CCAC). Member schools include: Cardinal Stritch, Calumet St. Joseph, Holy Cross, Indiana-South Bend, Judson, Olivet Nazarene, Purdue Northwest, Robert Morris, Roosevelt, St. Francis, Saint Xavier, St. Ambrose, Trinity Christian and Trinity International.

National Association of Intercollegiate Athletics (NAIA)
The NAIA, headquartered in Kansas City Mo, is a governing body of small athletic programs that are dedicated to character-driven intercollegiate athletics. Since 1977, the NAIA has administered programs and championships in proper balance with the overall college educational experience. The student athlete is the center of all NAIA experiences. Each year more than 60,000 student athletes have the opportunity to play college sports at NAIA member institutions.
ACADEMIC COMPLIANCE

Student Athlete Eligibility
Student athletes at Governors State University must meet both institutional and NAIA academic eligibility requirements and have his or her eligibility approved by the Director for Athletics, Faculty Athletics Representative, and Registrar prior to being able to participate in intercollegiate competition. Students should contact their head coach or the Coordinator of Compliance and Eligibility with any questions or concerns.

First Year Eligibility
Entering first year students must meet the following requirements in order to be eligible:

- Be a graduate of an accredited high school or being accepted as a regular student in good standing as defined by Governors State University.
- First year students must also meet two of the three eligibility criteria:
  1. Achieve a minimum of 18 of the Enhanced ACT or an 860 on the SAT
  2. Have earned a minimum 2.0 GPA in high school on a 4.0 scale
  3. Have graduated in the top half of his/her graduating high school class

Transfer Student Eligibility
Transfer students must meet the following requirements in order to be eligible

1. Have earned a minimum cumulative 2.00 GPA on a 4.00 scale at previous institution.
2. Earned a minimum of 24 (semester system) or 36 (quarter system) transferable college credits at an accredited institution.

A student athlete who transfers to Governors State University must have an understanding that the University will only accept certain credits and that their cumulative resets (ex. If a student transfers to GSU from another institution with a 3.00 GPA and earns a 2.00 GPA after one semester at GSU, their cumulative GPA is a 2.00).

Enrollment Rule
All student athletes must be enrolled at all times in a minimum of 12 credit hours. Since dropping below 12 hours will make a student athlete immediately ineligible, it is recommended that student athletes register for 15 credits hours. All student athletes are required to obtain permission from their head coach prior to dropping a class.

24 - Credit Hour Rule
After completion of the second semester of attendance a student athlete must have accumulated 24 institutional credit hours in the two immediately previous semesters to remain eligible to participate in team activities. Up to 12 hours may be earned during summer or intersessions and applied to meet the 24-hour rule, provided such credit hours were earned after one or both of the two immediately previous semesters.

Transfer Exception
A transfer student who has met the graduation requirements for an associate degree from a junior/community college will be exempt from the 24-Hour Rule for the first
semester of attendance. Student athletes receiving this exemption must earn 12 institutional credit hours in their first semester of attendance to be eligible for a second semester.

24/48/72 Progress Rule
All student athletes must be successfully progressing towards a degree during their tenure at Governors State University to remain eligible for participation in team activities. In order to be eligible to participate for a second season, a student-athlete must have earned at least 24 institutional credit hours. To participate in a third season, a student-athlete must have accumulated at least 48 institutional credit hours. To participate in a fourth season, a student athlete must have accumulated at least 72 institutional credit hours, at least 48 of which must be in the student-athlete’s major field of study.

Transfer Requirements
Transfer student athletes shall use institutional credit hours as certified by the previous institution(s) to meet progress requirements for only for the first semester of attendance.

CCAC Transfer Rule
Students transferring to another CCAC institution must meet NAIA transfer rule.

Playing Season
A student athlete may play four (4) seasons in one sport during 10 full-time semesters of attendance. The 10 semesters do not have to be completed consecutively.

Season of Competition
A student athlete will be charged a year of participation after taking part in one or more intercollegiate contests whether in a varsity, junior varsity, or club program. A hardship request for an exception to a season of competition may be submitted for consideration. All hardships must involve an injury or illness than incapacitates the student-athlete from competing as verified by a physician, who must have examined the student-athlete during the season in question. Student athletes should consult with coaches regarding games played maximums to see if they are eligible for a hardship waiver.

GPA Requirements and Advising Expectations for Student Athletes
Those student athletes whose cumulative GPA falls below 2.5 at the end of any semester are required to meet with the Athletic Director, which will evaluate their commitment to academic success and their ability to continue to practice or compete if below junior standing academically or athletically. Consistent with institutional practice, each student-athlete will be assigned an academic advisor, a GSU faculty member or professional advisor with no ties to Athletics.

Advisors will meet with the student athletes to create an academic study plan that outlines steps the student athlete will take to get back into good academic standing with the University. Advisors will meet with the student-athlete over the course of the following semester and regularly check in to track progress and plan adherence. Should
a student athlete fail to set up an initial meeting with an Advisor to create an academic study plan, or does not meet the requirements of the plan at any point over the course of the semester, they may become immediately ineligible from any intercollegiate practice or competition.

All student athletes should endeavor for academic excellence. Student athletes who earn below a 2.5 cumulative grade point average will be automatically enrolled in the Student Success Workshop coordinated by the Academic Resource Center. Maintaining competition and receiving any applicable athletic scholarships will be contingent on successful completion of the Student Success Workshop.

All student athletes who fall below good academic standing standards will be immediately ineligible for intercollegiate competition and must meet with the Athletic Director; and adhere to the created academic study plan if they desire possible future athletic reinstatement.

**Study Hall**
Governors State University Athletics is committed to academic achievement. All freshmen and transfer students must complete six hours of study hall weekly. Current student-athletes with less than 3.00 GPA in the previous semester must complete required hours of study hall weekly. Consequences for incomplete study hall hours for BOTH semester are as followed: Strike 1 and 2: Coach’s Choice and strike 3 and 4 (and so on): Removal of $250 from scholarship money.

**Class Attendance**
Students are expected to attend all class meetings including supplemental instruction and lab sessions for all classes they are enrolled in. Student athletes shall be bound by university and individual class instructors’ attendance policies. Class instructors will notify students of these policies at the beginning of the semester. These policies should contain information regarding the handling of unavoidable absences. A student who is absent may be denied credit for work missed.

**Trip Absences**
The handling of absences due to athletic trips is subject to the discretion of the individual course instructors and the application of the class attendance policy. All matters relative to such absences, including makeup of work missed shall be arranged by the student and the instructor involved. The course instructor reserves the right to deny credit for any work missed during absences. It is the responsibility of the student athlete to inform course instructors of forth coming absences due to athletic trips within the first week of the semester.

A form for reporting absences due to athletic trips are available through the Coaches and the Athletic Office. It is expected that students discuss absences with their instructors prior to the occurrence of said absences.
STUDENT-ATHLETE CONDUCT AND RESPONSIBILITIES
Student-athletes earn the right to be admitted to the University and to its academic programs. To represent Governors State University in intercollegiate competition is a distinct privilege and must be earned by academic dedication and continuing athletic performance. Therefore, it is expected that the GSU Student Code of Conduct is adhered to and held in the highest regard as student-athletes are considered representatives of the University.

Student-athletes are expected to comply with the Student-Athlete Conduct Policy as well as the GSU Student Code of Conduct, and other university policies and applicable laws and NAIA rules. Violations of written University policy or regulations contained in the Governors State University Academic Catalog or Student Handbook may result in disciplinary action. See the entire GSU Student Code of Conduct at www.govst.edu/handbook.

Student Athlete Conduct Status
All student athletes must be in good conduct standing in order to participate in competition. Students on Disciplinary Probation or higher (suspension, dismissal) are not eligible to participate in completion until the duration of the probationary period has ended and all other sanctions are completed. Student athletes who violate University policies and are sanctioned to Disciplinary Probation, Disciplinary Suspension, or Disciplinary Dismissal will be suspended from athletic participation and lose their tuition waiver, if applicable.

Notification of Incidents
Any student-athlete who is involved in a violation of policy is expected to report the incident to the Assistant Athletic Director Tonishea Mack within 48 hours of the incident. This includes incidents that occur in on-campus housing.

The Office of the Dean of Students will notify the Athletic Director and the Assistant Athletic Director if any student athlete is involved in an incident that may impact the student’s status as a student athlete. It is important that the student-athlete participate in the conduct process as it may impact eligibility.

Although the Office of the Dean of Students maintains primary authority for conduct matters, coaches may impose the following sanctions on student-athletes found in violation of the alcohol and drug policies. Additional sanctions are based on the nature of the offense, the severity of the violation, the conduct history, and the number of violations during the course of a student-athletes time at the institution.

Below is a list of possible sanctions, but these sanctions are not limited to the following and may be in addition to those issued by the Dean of Students:

- Dismissal from team
- Suspension from team
- Suspension from games and/or practices
- Service hours within the department, institution and/or local community
University Alcohol and Drug Policies
The University strives to create a healthy environment, one in which the high risk use of alcohol and the use of illicit drugs does not interfere with learning, performance, or development. Substance abuse disrupts this environment and places at risk the lives and well-being of the members of the university community.

GSU prohibits the use, possession, manufacture, sale, or distribution of alcohol, drugs, and other controlled substance on University premises and during University sponsored events, in accordance with law. Public intoxication, driving under the influence, and all other violations of university policy and federal, state, and local laws are prohibited. Full policy details are available in the Student Handbook (govst.edu/handbook).

Athletics Alcohol and Drug Policy
All student athletes are governed by the Student Code of Conduct. Violations of the following, while you are a current student athlete will result in suspension from athletic participation and loss of tuition waiver, if applicable.
   a. Illegal use of alcohol/drugs.
   b. Illegal possession of alcohol/drugs.
   c. Under the influence of alcohol/drugs.
   d. Bringing unauthorized alcohol/drugs onto campus, or any athletics sanctioned trip or to any GSU-sponsored event.

PED (Performance Enhancing Drugs) Policy
Governors State University’s Athletic program prohibits the use of the following classes of drugs by the student-athlete:
   a. Stimulants
   b. Anabolic Agents
   c. Alcohol and Beta Blockers
   d. Diuretics and Other Masking Agents
   e. Street Drugs
   f. Peptide Hormones and Analogues
   g. Anti-estrogens
   h. Beta-2 Agonists

Any substance chemically related to these classes is also banned. The student athlete shall be held accountable for all drugs within their bloodstream.

Athletic Training Responsibilities
Governors State University’s Athletic Training Policy: Student-athlete resulting in three absences of schedule athletic training appointment will result in dismissal of designated team.
Disciplinary Action for Alcohol and Drug Violations

1. First offense for alcohol and drug-related infractions (while a member of any GSU athletic team):
   a. Suspension for two games or one week of most immediate off-season practice
   b. Coach’s discretion on further sanctions with the approval of the athletic director
   c. Any sanctions issued via the University conduct or the legal system

2. Second offense for alcohol and drug-related infractions (while a member of any GSU athletic team):
   a. Immediate suspension for remainder of season or one week of most immediate off-season practice
   b. Scholarships revoked; effective immediately
   c. Coach’s discretion on further sanctions with approval of athletic director
   d. Any sanctions issued via the University conduct system or the legal system

Medical Exceptions
The institution recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the institution allows exception to be made for those Student athletes with a documented medical history demonstrating the need for regular use of such a drug. Exceptions may be granted for substances included in the following classes of banned drugs:

- Stimulants: (including those used to treat ADHD), beta blockers, beta-2 agonists, diuretics, peptide hormones, anabolic agents and anti-estrogens.
- Hormones or anabolic agents: pre-approval is required for the use of peptide.

For all drug exceptions, the student-athlete must submit medical records that include the diagnosis, course of treatment and current prescription.

ACADEMIC ADVISING
As stated previously, all students must meet with an academic/faculty advisor prior to registration to go over key points, including assessment information, course scheduling, credit evaluations and curricular requirements. The meetings with the Academic Advisors will take place on a monthly basis to solicit feedback and support.

COURSE REGISTRATION
While student athletes must meet with an advisor prior to registration, student athletes will register for classes by the same means as a general student and are advised to visit the Registrar’s website www.govst.edu/registrar for more information. Students may use the portal to view, add or drop classes. Student athletes are reminded that they must be registered for a minimum of 12 credit hours at all times and they must receive their
respective head coach’s permission prior to dropping a class. Repeat courses and zero earned credit hour courses do not count towards the required 12 hours for eligibility and student athletes should inquire with their academic advisor and sport head coach to ensure compliance.

ACADEMIC SUPPORT
The Academic Resource Center (ARC) provides academic support for all Governors State University students including student athletes. Both group and individual tutors are available through the Center across a wide array of subject matters. The purpose of the ARC is to provide an environment, which promotes academic success for Governors State University students.

All first semester and transfer students will be required to log a minimum of six hours at the venue designated and monitored by a sport program’s head coach or representative. This time can be spent meeting with tutors, individual or quiet group study. Head Coaches at any time may impose new or additional time designated for studying. Non-compliance with the hours mandated, or abuse of the aid given by the center (missed tutor appointments, violation of center policies), will result in disciplinary action.

GOOD ACADEMIC STANDING
Every Governors State University student-athlete will have his/her university academic standing determined by his/her cumulative grade point average and credits earned. Governors State University student athletes must meet the NAIA initial and continuing academic eligibility requirements on a term-by-term basis (see NAIA Eligibility) for continued athletic participation. Student athletes will follow all University standards regarding academic probation as it pertains to their academic performance. A student-athlete on academic probation may be able to continue to participate in intercollegiate competition, but will have their athletic eligibility evaluated, taking into account both NAIA rules for continuing eligibility and the student-athlete’s commitment to academic success by the Athletic Director. Those student athletes who do not meet NAIA minimum academic standards will not be allowed to continue to participate and scholarship will be revoked.

To review the Governors State University Academic Standing for Undergraduate Students, please read Policy 14U available at www.govst.edu/policies. Graduate students should refer to Policy 14G.

These regulations apply to all students, including student athletes. Student athletes may also be subject to additional disciplinary action, determined by the head coach or athletic director.
Academic Monitoring
All student athletes will be subject to monitoring of their academic work and may be referred to other service areas on campus for assistance in academic areas. Tutoring support is one such area that may be mandated or suggested beyond the first semester requirement. Head Coaches (or designee) will request progress reports from each student athlete’s professors, and share that information with athletes and assistant coaches.

STUDENT ATHLETE EXPECTATIONS
Governors State student athletes will:

- Conduct themselves at all times in a manner that shows respect for their team, the Athletic Department, the university, and the community that surrounds Governors State University, promoting its commitment to diversity and social justice.
- Understand that obtaining a degree is the ultimate goal of a student athlete.
- Abide by all laws, rules, and policies set forth by the federal, state, and local government, as well as the University, Athletic Department, NAIA, and affiliated conferences and associations.
- Attend all classes and complete all academic assignments.
- Meet all team obligations including physical conditioning, participation in team functions, and other responsibilities of being a team member.
- Follow the proper protocol for communication of disputes. Disputes should attempted to be settled “internally” first, with a student-athlete’s issued discussed with a team captain, assistant coach and finally the head coach. If additional discussion is needed, the athletic director can be consulted. If the solution is still not resolved, the head coach, student-athlete and Athletic Director will have a meeting. Effective communication which leads to resolution is the ultimate goal.
- A student-athlete who quits a team at any time will have their athletic scholarship forfeited immediately.

USE OF SOCIAL MEDIA
The GSU Athletic Department fully respects students’ rights to utilize social networking and new media sites. The department understands the popularity and usefulness of social media and encourages its student-athletes who choose to utilize social media to do so in a responsible manner. As a student-athlete, you are more prominent in the public eye than the general student and thus significantly represent Governors State University and your team.

Being a student-athlete and separating the lines from being a student-athlete and having a personal life can become very confusing. As a student athlete, you do not have permission to reveal any information that will compromise the policies of either the University or athletic department. Therefore, do not share any information that is proprietary and/or confidential.

No matter what your privacy settings are, nothing posted on any social/new media site is 100% private. Assume that anything you post on any social/new media website will
Governors State University student athletes must remember that they are recognizable figures on campus and in the community. Student athletes are reminded to be wary of how they present themselves in classroom and social situations, including how they present themselves via social media outlets such as, but not limited to Twitter, Facebook, Instagram, and Snapchat. To review the Governors State University Student Conduct Code, please read Policy 4 available at www.govst.edu/policies. Student athletes are reminded that the student conduct is applicable in these online forums and student athletes may face disciplinary action for policy violations revealed online.

MEDIA RELATIONS PROCEDURES
The GSU Athletic Department is aware that its image affects the reputation of the entire University and urges you, as a representative of GSU, to exercise extreme care when making statements to the media.

WHEN SPEAKING WITH THE MEDIA
• Be confident
• Be courteous
• Be prompt
• Do not hesitate to say “I’d rather not comment”

WHOM TO CONTACT WITH MEDIA QUESTIONS
• Your Head Coach
• GSU Sports Information Director Daniel Jankowski
• GSU Athletic Director Tony Bates

INTERVIEWS
• Arrange all interviews through the Athletics Office
• Consult Athletics Director before talking to the media
• DO NOT conduct media interviews unless you are first contacted by a member of the Athletics Office
• There is no need for you to supply materials to the media. The GSU Marketing and Communications department is responsible for all publicity materials released to the media.
BEING A STUDENT ATHLETE

Student athletes at Governors State University are expected to be ambassadors for the University, representing themselves in the highest order at all times. Governors State University student athletes will embody by the mission and core values of the University, NAIA and affiliated conferences, and the Athletic Director remembering that participation in athletics is a privilege, not a right, and should be treated as such.

Governors State University student athletes will abide by all policies and procedures outlined by university policies, the student handbook and in this handbook. The Athletic Department will recognize all disciplinary actions sanctioned for violations of Student Conduct. The Athletic Department reserves the right to impose additional disciplinary actions as a result of the university disciplinary actions as it needed.

Student Athletes have the same rights to appeal University decisions, to review the Governors State University Grievance Policy, please read Policy 5 available at www.govst.edu/policies.

Civility Policy

Governors State University recognizes the basic rights and responsibilities of the members of the University and accepts its obligation to preserve and protect those rights and responsibilities. Further, the University must provide for its members the opportunities and protections which best serve the nature of the educational process. The Student Conduct Code governing the behavior of students of the University must ensure the basic rights of the individual as well as the practical necessities of the community.

Students are expected to:
- treat students, faculty and staff of the University with fairness and respect,
- represent themselves in an honest manner (see Policy 24 Academic Honesty),
- respect University property and the activities conducted at University facilities, or University-sponsored events,
- respect the property of others, and
- uphold University policies and all applicable laws.

Sexual Harassment and Anti-Discrimination Policy

Title IX of the Education Amendments of 1972 is a federal law that prohibits sex discrimination in education. Sex discrimination includes sexual harassment and sexual assault. Sexual harassment in education is an unwelcome behavior of a sexual nature that interferes with a student’s ability to learn, study, work or participate in school activities. Sexual harassment involves a range of behavior from mild annoyances to sexual assault and rape.

Title IX also protects lesbian, gay, bisexual and transgender students and employees from discrimination, harassment, sexual assault and sexual violence; including discrimination, physical aggression, intimidation, or hostility based on sex, sex-stereotyping or failure to conform to stereotypical gender norms.
Governors State University (GSU) has committed itself unequivocally to ensuring a working and learning environment in which the dignity of every individual is respected. Any form of sexual harassment, including sexual assault and sexual violence is a violation of University Policy 52 and the Student Conduct Code. Those who engage in sexual harassment, sexual assault and/or sexual violence may also be prosecuted criminally. The University has a duty to prevent harassment to have policies against it to investigate complaints and to take prompt action to stop harassment when it occurs.

Contact the Title IX Officer to report any incidents:
   Sandra Alvarado
   Title IX Officer
   1 University Parkway
   C-1361
   University Park, IL 60484
   708.534.4108 or salvarado@govst.edu

For complete Title IX information and resources, visit: http://govst.edu/TitleIX/

**Hazing**
Governors State University strictly prohibits students from hazing team members, prospective members, or other persons seeking to obtain benefits for services from their organizations. Hazing is any action or activity, whether conducted on or off University property which is designed to, or has the reasonably foreseeable effect of humiliating, denigrating, offending, physically or mentally abusing, or exposing to danger a person as a condition, directly or indirectly of the person’s consideration or continuation in admission to membership, participation in activities, receipt of benefits or services from an organization or group. No persons may consent to participation in hazing activities. Further, a person’s consent shall not be release or minimize an organization’s or person’s liability to discipline due to violation of this regulation.

**Student-Athlete Employment**

**University Employment**
Opportunities may exist for jobs on the campus. In all cases, athletes must work all hours required and be paid at the same rate as all students doing similar work.

**Summer Employment**
The Athletic Department can assist in the securing of summer vacation employment. Athletes should conduct themselves in a positive manner while on summer employment as they are recognized as a representative of Governors State University athletics.

**ATHLETIC INTEGRITY/SPORTSMANSHIP**
Governors State University student athletes will abide by all team, NAIA and affiliated conference rules when participating in team functions, practices or competitions. They will be on time for, and participate actively in all practices, competitions and functions
while maintaining themselves in top physical condition without the use of banned supplements or abusing acceptable health standards.

Governors State University student athletes will promote sportsmanlike behavior at all times, treating teammates, coaches, opponents, officials, game managers and spectators with respect, maintaining control during the heat of competition and reacting in a positive manner to an aggressive situation. Unsportsmanlike behavior includes, but is not limited to:

- Physically or emotionally abusing officials, coaches, opponents, teammates, spectators or game managers.
- Inciting players towards negative actions.
- Use of obscene gestures or inappropriate language.

FINANCIAL AID
All student athletes will be eligible for the same financial assistance as every Governors State student through university awards, federal and state grants and federal and private loans. It is the student’s obligation to fill out the necessary paperwork through the Financial Aid Office to be eligible for assistance on an annual basis. All questions and concerns regarding a financial aid package should be directed to the Financial Aid Office.

ADVOCATE HEALTH CENTER
Staying healthy is important to your academic and personal success. To help you stay on top of your game, be sure to take advantage of GSU’s fitness facilities and counseling services. We know that sometimes illness or injury is unavoidable. In these cases, GSU students may find the resources they need at the Advocate Health Center located in the Center for Counseling and Wellness located in A-1120. For information about services and to schedule an appointment, please visit: http://www.govst.edu/advocate-health-center/

NAIA TRAINING
Student-athletes are expected to complete the NAIA’s Live Five training program as well as the drug use video before the assigned deadline.
Acknowledgement of Understanding & Receipt

By signing this form, the student athlete understands all parts of the Athletic Handbook and agrees to abide by the statements included. Student athletes must contact their coach or Director of Athletics with any questions in regards to the handbook.

Student-Athlete (print): ______________________________________________________

Sport: _________________________________________________________________

Signature: __________________________ Date: __________

Signature: __________________________ Date: __________
(Signature of Guardian if Student Athlete is under 18 years of age.)
Authorization to Photograph and Publish Information

I, ______________________________________ hereby authorize Governors State University to photograph me in conjunction with my participation in a Governors State University Athletic team. I license Governors State University to use my photograph at its discretion as well as make sports information about me publicly available as Governors State University sees fit.

Student-Athlete (print): __________________________________________________________

Sport: ________________________________________________________________________

Signature: ______________________________________ Date: ______________

Signature: ______________________________________ Date: ______________

(Signature of Guardian if Student Athlete is under 18 years of age.)
BUCKLEY AMENDMENT
The Buckley Amendment is the common name for the Family Educational Rights and Privacy Act (FERPA) of 1974. This federal law was designed to protect the privacy of a student’s educational records, limiting the information that may be disclosed without the student’s written permission to “directory information.”

“Directory information” includes the student’s name, addresses (local, permanent and email), telephone number (local and permanent), date and place of birth, major field of study, concentration(s) and minor(s), participation in recognition activities (i.e. athletics), height and weight of members of athletic teams, dates of attendance, degrees and awards received, all educational institutions previously attended, academic awards/scholarships, title of master thesis, number of credits (full-time and part-time) for which a student is registered, pictures of student in university publications, press releases and advertisements, class level and anticipated graduation date.

PLEASE NOTE: Students have the right to refuse to permit the release of any of the above information, but that is an issue you must address with the Registrar’s Office.

YES _____ NO _____ I agree to allow the Governors State University Athletic Department to release basic information to media outlets concerning participation status in areas such as medical, eligibility and disciplinary (university/team rules).

YES _____ NO _____ In accordance with the Buckley Amendment, I hereby grant permission to the Governors State University Athletic Department to use information I have provided during the 2014-15 academic year for the purposes of publicity.

YES _____ NO _____ In accordance with the Buckley Amendment, I hereby grant permission to the Governors State University Athletic Department to release my grade point average (GPA) for the purpose of nominating me for and/or publicizing my selection as the recipient of ESPN The Magazine Academic All-District, ESPN The Magazine Academic All-America, NAIA Scholar-Athlete and/or similar student-athlete honors.

Student-Athlete (print): _________________________________________________________

Sport: _______________________________________________________________________

Signature: ___________________________________________ Date: ________________

Signature: ___________________________________________ Date: ________________
(Signature of Guardian if Student Athlete is under 18 years of age.)
HEALTH INSURANCE CONFIRMATION

Health Coverage Wavier and Release

Student Name:__________________________________________________________

Emergency Contact Name:_______________________________________________

Emergency Contact Phone Number:________________________________________

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If you DO NOT have health insurance, please complete:

I, ____________________________________________, release Governors State University of all liability and health costs incurred during my participation in:

______________________________________________________________

Signature:________________________ Date:________________

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If you DO have health insurance, please include a photocopy of your insurance card.

Subscriber Name:_____________________________________________________

Relationship to Student:______________________________________________

Identification Number:_______________________________________________

Group Number:_______________________________________________________

Signature:__________________________________ Date:__________________
Student-Athlete Pledge

Each day provides me with opportunities to live and learn the five core values and be a Champion of Character.

As a student-athlete, I pledge to accept the Champions of Character five core values. I will do my best to represent my team, my teammates and myself while striving to have the Integrity to know and do what is right; Respect my opponent, the officials, my teammates, my coach, myself and the game; take Responsibility by embracing opportunities to contribute; exemplify Sportsmanship by bringing my best to all competition and provide Servant Leadership where I serve the common good while striving to be a personal and team leader.

Student-athlete's name: ____________________________________________

Sports Team: _____________________________________________________

Student-athlete's signature: _________________________________________